

Patient Name: _____ Order Date: _____



Porter Medical Associates

The following medications should be stopped 5-7 days prior to initial testing, and 14 days prior to re-testing, unless otherwise instructed.

If you are taking any medications for your heart, notify our office immediately.

Allergy Testing

What Is An Allergy Test?

An allergy skin test, also called a scratch test, is used to identify the substances that are causing your allergy symptoms. It is performed by applying an extract of allergen to your skin, pricking the skin to allow exposure, and then evaluating the skin's reaction.

Before your Allergy Test

Inform the tech who is going to perform the skin test about all medicines you are taking, including over-the-counter medications.

Since over-the-counter antihistamines stop allergic reactions, you should not take them for five days before the test. Talk to your doctor about discontinuing your prescription medications prior to the test.

The list to the right is medicines to avoid before the test, because they could interfere with the results of your test. Since you may not be able to discontinue certain medicines, we may perform a separate "control" test to determine if that particular drug will interfere with the test.

What Happens During The Test?

First the Tech will examine the skin on your forearm and clean it with alcohol.

A small disposable pricking device, with a drop of extract for each potential allergen on it, is then used so the extract can enter into the outer layer of the skin, called the epidermis. The skin prick is not a shot and does not cause bleeding.

If there are allergic antibodies in your system, your skin will become irritated and may itch, much like a mosquito bite. This reaction means you are allergic to that substance.

How Long Does the Test Last?

It takes approximately 45 min for the entire appointment. The allergen placement takes 5-10 minutes. Then you will have to wait about 15 minutes to see how your skin reacts. The Tech will then measure and record the reactions, if any, and explain your treatment options.

Will it Hurt?

The testing may be mildly irritating, but most people report no pain.

Insurance Coverage

Your insurance benefit for this exam will be verified prior to your appointment, and you will receive a call with the benefit details THE Friday prior to your appointment. If you have questions, please call 210-341-9614 and press option #3 for the Ancillary Lab.

NO SHOW/SAME DAY CANCELED APPOINTMENTS

Please call us 24 hours in advance to cancel or reschedule your appointment. A no-show/same day cancellation/reschedule fee of \$50.00 will be assessed if you do not call to cancel or reschedule 24 hours prior to your appointment date & time.

Your apt is scheduled on: _____ Time: _____

Location: Medical Center Downtown New Braunfels Pat Booker

Patient Signature X _____

Antihistamines:

| | | |
|-----------------------|-----------------------------|--------------------|
| Actifed | Dimetapp | Periactin |
| Advil Cold/Sinus | Diphenhydramine | Phenergan |
| Alavert | Dramamine | Polaramine |
| Allegra & Allegra D | Drixoral | Q-Dall |
| Antivert | Excedrin PM | Robitussin |
| Astelin | Formula 44 | Rondee |
| Atarax | Hismanal (stop 6 wks prior) | Ru-Tuss |
| Axid | Isoclor | Sudafed |
| Benadryl & Sominex | Kronofed A | Tavist & Tavist D |
| Bromphen | Marax | Teldrin |
| Brovex | Midol PM | Temaril |
| Chlorpheniramine | Naldecon | Triaminic |
| Chlor-Trimeton | Nolahist | Trinalin |
| Clarinex | Nolamine | Tylenol Cold/Sinus |
| Claritin & Claritin D | NyQuil | Tylenol PM |
| Comhist | Optimine | Vistaril |
| Comtrex | Ornade | Zyrtec & Zyrtec D |
| Deconamine | Pannaz | |
| Dextromethorphan | PBZ | |

Anti-Emetics:

Tagamet
Compazine
Pepcid
Zantac

Herbal Supplements:

Stop 3 weeks prior to testing
Green Tea
Saw Palmetto
St. John's Wort

Corticosteroids:

Stop 2 weeks prior
Topically
Chronic Orally

Antacids:

Tagamet
Pepcid
Zantac

Tricyclic Antidepressants:

Mild Effect
Elavil
Anafranil
Norpramin
Sinequan
Tofranil
Pamelor

Nasal Sprays:

Stop 24 hours prior to testing
Nasonex
Nasacort
Nasacort AQ
Flonase
Rhinocort
Rhinocort Aqua
Nasarel
Vancenase
Beconase
Dymista
Omnaris